

Nutrition Therapy for Diabetes 1-Month Lifestyle & Diet Mastery Program (Only for Nutritionists & Health care professionals)

Categories: Clinical / Medical Nutrition

Wishlist Share



Course Info Reviews

About Course

This course is designed for dietitians, doctors, and healthcare professionals to provide practical, advanced solutions for managing diabetes in Pakistan. While most professionals know theory, the challenge is real-world implementation: patients, hospitals, pharmacies, and even doctors often lack access to the right foods. This program fills that gap and equips healthcare providers with tools to deliver actionable nutrition care, improve patient outcomes, and create business opportunities through small dealership access.

After This Course You Will Receive

- * Advanced professional diet plan templates
- * Practical assignments and case studies
- * Progress-tracking tools for patients
- * Strategies to implement small dealership opportunities
- * **Special Curelium Gift Kit** as a token of appreciation honoring dietitians for their important role in shaping health and wellness in the world

Duration: 4 Weeks (1 class per week – 2 hours each)

Group Access*

- Dedicated Facebook group/page for professionals
- * Guidance, case discussions, and advanced resources
- * Ongoing updates and small dealership support

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What Will You Learn?

- * How to identify gaps in patients' nutrition despite clinical prescriptions
- * Glycemic control strategies beyond standard GI/GL concepts
- * Managing emotional eating, cravings, and compliance challenges in patients
- * Recognizing early signs of complications and preventive strategies
- * Leveraging nutrition solutions professionally through small dealership opportunities
- * Advanced meal planning with limited, locally available ingredients
- * Designing "personalized lifestyle interventions" for diverse patient profiles
- * Incorporating hydration, sleep, stress management, and movement into treatment plans
- * Practical tools to "bridge the gap between hospitals, pharmacies, and patients"

Course Content

(Week-1) Identifying Real World Gaps	^
Why patients fail standard nutrition plans?	🔒
Common barriers in Pakistan's healthcare system	🔒
Opportunities for dietitians and healthcare professionals	🔒
(Week-2) Advanced Food & Glycemic Solutions	^
Local ingredient optimization	🔒
High-impact food swaps and timing strategies	🔒
Designing plates for real-life settings (home, hospitals, workplace)	🔒
(Week-3) Practical Patient Management	^
Templates for breakfast, lunch, dinner with limited resources	🔒
Safe snacks, eating out, and social meal strategies	🔒
Communication skills to improve patient compliance	🔒
(Week-4) Long Term Routine & Professional Growth	^
Anti-inflammatory nutrition in practice	🔒
Preventing complications: kidney, nerve, eye, foot	🔒
Integrating lifestyle interventions	🔒
Small dealership model: offering real nutrition solutions professionally	🔒

Rs 10,000

ADD TO CART

All Levels

0 Total Enrolled

8 hours Duration

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A course by

Curelium International

Material Includes

- * Diabetes Nutrition Guidebook with practical tools and insights.
- * Ready Diet Plan Templates for real-world patient use.
- * Case Studies & Assignments to master applied nutrition care.

Requirements

- * Background in healthcare, nutrition, or related field
- * Notebook or phone for notes
- * You must have Google meet or Zoom
- * Commitment to apply advanced strategies over 4 weeks

Tags

DiabetesCarePakistan

DiabetesManagementTraining

DiabetesNutritionCourse

DietitianProfessionalDevelopment

NutritionTherapyForDiabetes

Audience

- * Dietitians, nutritionists, and healthcare providers
- * Doctors, nurses, and allied health professionals
- * Professionals aiming to bridge gaps between clinics, pharmacies, and real world patient care
- * Those interested in professional growth, small dealership opportunities, and appreciation through Curelium gift kit*